

實體會議線上同步舉行

會議主題: **Optimizing LPS management & significance of serum progesterone levels** 黃體期支持最佳化管理與血清黃體素濃度在ART中的重要性



**MODERATOR**

**DR. Mei-Jou Chen** 陳美州

**SPEAKER**

**DR. Elena Labarta**

**DR. Meng-Hsing Wu** 吳孟興

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台灣婦產科醫學會積分申請中

敬邀您蒞臨本次會議，共同探討生殖醫學學術問題

會議地點：台北艾麗酒店5樓槿廳（台北市信義區松高路18號）

會議日期：2025年11月1日（週六）

會議時間：**14:30 - 16:10**



| Time (100 mins)         | Agenda                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            | Speaker                                                           |
|-------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------|
| 1430-1435<br>(5 mins)   | Welcome and Introduction                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | Dr. Mei-Jou Chen<br>陳美州                                           |
| 1435- 1455<br>(20 mins) | <b>IVF Treatment and LPS Management Landscape in TW</b> <ul style="list-style-type: none"> <li>• IVF Rates in TW</li> <li>• Treatment options available <ul style="list-style-type: none"> <li>• Preferred LPS treatment options &amp; why <ul style="list-style-type: none"> <li>• Success rates in TW</li> </ul> </li> <li>• IVF challenges in TW</li> </ul> </li> </ul>                                                                                                                                                        | Dr. Meng-Hsing Wu<br>吳孟興                                          |
| 1455-1505<br>(10 mins)  | Q&A <ul style="list-style-type: none"> <li>• LPS options in TW <ul style="list-style-type: none"> <li>• TW IVF success rates vs international/ Europe <ul style="list-style-type: none"> <li>• Difference and why?</li> </ul> </li> <li>• TW IVF practice vs international/Europe <ul style="list-style-type: none"> <li>• Difference and why?</li> </ul> </li> </ul> </li> </ul>                                                                                                                                                 | Dr. Mei-Jou Chen<br>Dr. Meng-Hsing Wu<br>Dr. Elena Labarta<br>All |
| 1505-1545<br>(40 mins)  | <b>Cyclogest in Personalized LPS: Evidence from Trials, Insights from Practice</b> <ul style="list-style-type: none"> <li>• LPS Treatment overview</li> <li>• Serum P levels relevance <ul style="list-style-type: none"> <li>• Impact of low serum P levels</li> <li>• Importance of monitoring serum P levels</li> <li>• Levels in different treatment modalities</li> </ul> </li> <li>• Cyclogest <ul style="list-style-type: none"> <li>• Benefits – Serum P levels</li> <li>• Dosage – Optimal dosage</li> </ul> </li> </ul> | Dr. Elena Labarta                                                 |
| 1545-1605<br>(20 mins)  | Q&A <ul style="list-style-type: none"> <li>• Cyclogest vs current treatment modalities in TW <ul style="list-style-type: none"> <li>• Key differentiating factors</li> <li>• Strengths of Cyclogest impacting IVF outcomes</li> <li>• Possible challenges with Cyclogest</li> </ul> </li> </ul>                                                                                                                                                                                                                                   | Dr. Mei-Jou Chen<br>Dr. Meng-Hsing Wu<br>Dr. Elena Labarta<br>All |
| 1605-1610<br>(5 mins)   | Closing                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | Dr. Mei-Jou Chen<br>陳美州                                           |

**SPEAKER 1**

# DR. Meng-Hsing Wu

## 吳孟興

Division Chief of Reproductive Endocrinology and Infertility, Department of Obstetrics and Gynecology, National Cheng Kung University Hospital, and Professor of Department of Obstetrics and Gynecology, and Department of Physiology, College of Medicine, National Cheng Kung University, Tainan, Taiwan.

**講題: IVF Treatment and LPS Management Landscape in TW**



簡歷



November 1  
2025



2:30 PM



## SPEAKER 2

# DR. Elena Labarta



OBGYN specialized in ART and reproductive surgery, working in IVI-RMA Valencia. Clinical research coordinator in IVI-RMA Valencia/IVI Foundation. Presidential Board member of Spanish Fertility Society

**講題: Cyclogest in Personalized LPS:  
Evidence from Trials, Insights from Practice**

簡歷與自傳



November 1  
2025



2:30 PM



## BIOGRAPHICAL SKETCH

### NAME

Meng-Hsing Wu

No.138 Sheng-Li Road, Tainan, Taiwan  
Department of Obstetrics & Gynecology  
College of Medicine and Hospital  
National Cheng Kung University



### EDUCATION/TRAINING

| INSTITUTION AND LOCATION                       | DEGREE<br>(if applicable) | YEAR(s)   | FIELD OF STUDY    |
|------------------------------------------------|---------------------------|-----------|-------------------|
| Kaohsiung Medical College, Kaohsiung, Taiwan   | M.D.                      | 1982-1989 | Medicine          |
| National Cheng Kung University, Tainan, Taiwan | Ph.D.                     | 2000-2005 | Clinical Medicine |

### POSITIONS:

|              |                                                                                                                                                                         |
|--------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1988-1989    | Internship at Kaohsiung Medical College Hospital                                                                                                                        |
| 1989-1991    | Medical Officer, Republic of China Marine Corps, Taiwan                                                                                                                 |
| 1991-1995    | Resident, Department of Obstetrics and Gynecology, National Cheng-Kung University Hospital, Tainan, Taiwan                                                              |
| 1995-1996    | Fellow, Division of Reproductive Endocrinology, Department of Obstetrics and Gynecology, National Cheng Kung University Hospital, Tainan, Taiwan                        |
| 1999-2003    | Lecturer, Department of Obstetrics and Gynecology, College of Medicine, National Cheng Kung University, Tainan, Taiwan                                                  |
| 2002-2003    | Postdoctoral fellowship, Baylor College of Medicine, Houston, Texas, USA                                                                                                |
| 2003-2007    | Assistant Professor, Department of Obstetrics and Gynecology, College of Medicine, National Cheng Kung University, Tainan, Taiwan                                       |
| 2007-2014    | Associate Professor, Department of Obstetrics and Gynecology, College of Medicine, National Cheng Kung University, Tainan, Taiwan                                       |
| 2013-2019    | Head of Department of Obstetrics and Gynecology, College of Medicine and Hospital, National Cheng Kung University, Tainan, Taiwan                                       |
| 1996-present | Attending Physician, and Division Chief of Reproductive Endocrinology, Department of Obstetrics and Gynecology, National Cheng Kung University Hospital, Tainan, Taiwan |
| 2014-present | Professor, Department of Obstetrics and Gynecology, College of Medicine, National Cheng Kung University, Tainan, Taiwan                                                 |
| 2021-2024    | President of Taiwan Endometriosis Society                                                                                                                               |
| 2023- 2025   | Chairman of Department of Obstetrics and Gynecology, College of Medicine, National Cheng Kung University, Tainan, Taiwan                                                |

### CURRENT RESEARCH INTERESTS

1. The molecular mechanism in the pathogenesis of endometriosis
2. The pharmacogenetic study in polycystic ovarian syndrome
3. Ultrasound, hysteroscopic, laparoscopic study and questionnaire in infertility



## Elena Labarta, M.D., Ph.D.

Specialist in Human Reproduction and Assisted

Reproductive Techniques at IVI Valencia

IVI Valencia

- [Surgery](#)
- [IVF clinical](#)
- [Endometrial receptivity](#)
- [Female fertility](#)

## Biography

**Dr. Elena Labarta. MD, Ph.D, is an attending physician at Valencian Institute of Infertility (IVI), Valencia, Spain, where she serves as a specialist in human reproduction and assisted reproductive techniques, and as a surgeon specialized in endoscopic surgery.**

Dr. Labarta studied Medicine at the University of Zaragoza, where she received her medical degree with honors. During her career, she was selected three times as an honorary student collaborator in the subjects of Anatomy, Histology and Microbiology. As a student, she was the recipient of the aid of special character denominated grant-collaboration (academic year 1999-2000), in the Department of Physiology and Pharmacology of the University of Zaragoza, Spain.

Dr. Elena Labarta completed her residency training in Obstetrics and Gynecology at the Autonomous University of Madrid at Hospital La Paz, Madrid (Spain).

Since July 2005, Dr. Labarta has been part of the Human Reproduction Unit of IVI in Valencia, where she has participated in several clinical research projects and has contributed to over 20 publications on assisted reproduction in peer reviewed international journals and written more than 45 book chapters. She is often invited to speak nationally and internationally.

Dr. Labarta was awarded a Doctor Cum Laude in Medicine, University of Valencia in 2014, the title of her thesis being "Influence of Ovarian stimulation during in vitro fertilization treatment on the incidence of embryo aneuploidies".

Dr. Labarta has been involved in teaching since her early career. She was selected as a professor in a private academy (CTO) for access preparation to the MIR program (resident internal doctor) during the years 2001 and 2002.

Since 2008, she is Associate Professor and Medical Coordinator of several Master's degrees related to human assisted reproduction by the University of Valencia.

## CURRICULUM VITAE

Maria Elena Labarta Demur

## SUMMARY

- OBGYN specialized in ART and reproductive surgery, working in IVI-RMA Valencia.
- Clinical research coordinator in IVI-RMA Valencia/IVI Foundation.
- Presidential Board member of Spanish Fertility Society
- International speaker

## WORK HISTORY SUMMARY

- Gynaecologist specialized in assisted reproductive treatments and reproductive surgery • IVIRMA Valencia, Spain • Since 2005
- Associate profesor msc • University of Valencia • since 2006
- Clinical research coordinator • IVIRMA Valencia, IVI foundation • since 2020

## EDUCATION

- DOCTOR IN MEDICINE, PHD • 2014 • UNIVERSITY OF VALENCIA, SPAIN  
Doctoral Thesis: "Influence of Ovary Stimulation during in vitro Fertilisation Treatment on the Incidence of Embryo Aneuploidies". Awarded Cum Laude.
- MASTER IN RESEARCH ON HEALTH SCIENCES • 2018 • UNIVERSITY OF BARCELONA (UAB), SPAIN
- MASTER IN ADVANCED GYNAECOLOGICAL ENDOSCOPIC SURGERY • 2019 • UNIVERSITY OF VALENCIA, SPAIN
- MASTER LEVEL IN REPRODUCTIVE ENDOSCOPIC SURGERY • 2017 • ESHRE-ECRES PROGRAMME
- DEGREE IN NUTRITION AND WOMEN HEALTH • 2023 • ICNS, SPAIN
- DEGREE IN EMOTIONAL INTELLIGENCE AND COACHING • 2023 • UNIR, SPAIN